

Typing Pal

Worksheets

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Pedagogical resources

Start-Up Guide
 Typing Method
 Typing Accuracy
 Typing Speed
 Planning the Training
 Personalizing the Program

Worksheets

The Importance of a Good Typing Technique

Imitation Game

Introduction to the Basic Position

Practicing the Basic Position

Hidden Keys

Bingo

Star of the Week

Cosmik Ball

Monkeys in Jeopardy

Exquisite Corpse

Keyboard Relay

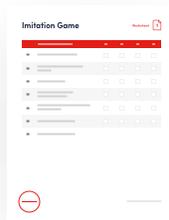
Documents

Literature Review

Imitation Game



Lesson plan



Worksheet no. 1

Objective

Make students aware of good ergonomic habits.

Time

15 minutes

Materials required

- Worksheet no. 1
- Approximately 15 dice

Preparation

Familiarize yourself with the advice on ergonomics in the [Typing Method](#) article.

Activity plan

- 1 Explain the principles of ergonomics to your class.
- 2 Split your group into teams of two (student A and student B).
- 3 Give each team a die and a copy of Worksheet no. 1.
- 4 Student A begins by throwing the die. The number shown on the die is the number of bad ergonomic habits that the student must secretly choose from Worksheet no. 1. The student then pretends to type on a keyboard, adopting all the bad habits chosen from the list.
- 5 Student B must spot all the bad habits that student A is demonstrating and check them off in the first column of the table on Worksheet no. 1.

- 6 Once student B is confident of having spotted all the bad habits, the two students compare answers.
- 7 The students then switch roles and continue the activity in the same way, completing the rest of the columns in the table. The activity is finished when each student has played the role of student A and B twice.

Previous

The Importance of a Good Typing Technique

TYPING PAL

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